List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on 6th March 00:00

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)* paragraph 3. ¹ "The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."

Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**Data taken from:

https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19

Entry to Latvia from the European Union Member States, the European Economic Area Member States, the Swiss Confederation, and the United Kingdom through international passenger carrier services or by a private vehicle is **permitted for urgent and essential reasons only*******

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Czechia	1395,1	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	1158,1	Travel is not recommended	10 days after returning or transiting the country
Estonia	1038,5	Travel is not recommended	10 days after returning or transiting the country
Monaco	592,4	Travel is not recommended	10 days after returning or transiting the country
Slovakia	562,0	Travel is not recommended	10 days after returning or transiting the country
Malta	527,0	Travel is not recommended	10 days after returning or transiting the country
Slovenia	517,3	Travel is not recommended	10 days after returning or transiting the country
Latvia	496,9		
Sweden	487,6	Travel is not recommended	10 days after returning or transiting the country
Andorra	460,8	Travel is not recommended	10 days after returning or transiting the country
Hungary	451,7	Travel is not recommended	10 days after returning or transiting the country
France	432,0	Travel is not recommended	10 days after returning or transiting the country

Luxembourg	405,8	Travel is not recommended	10 days after returning or transiting the country
Netherlands	346,2	Travel is not recommended	10 days after returning or transiting the country
Italy	341,0	Travel is not recommended	10 days after returning or transiting the country
Poland	316,9	Travel is not recommended	10 days after returning or transiting the country
Austria	294,5	Travel is not recommended	10 days after returning or transiting the country
Belgium	279,0	Travel is not recommended	10 days after returning or transiting the country
Spain	249,8	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	249,7	Travel is not recommended	10 days after returning or transiting the country
Cyprus	247,1	Travel is not recommended	10 days after returning or transiting the country
Lithuania	242,0	Travel is not recommended	10 days after returning or transiting the country
Romania	211,1	Travel is not recommended	10 days after returning or transiting the country
Ireland	201,6	Travel is not recommended	10 days after returning or transiting the country
Greece	177,0	Travel is not recommended	10 days after returning or transiting the country
Portugal	173,8	Travel is not recommended	10 days after returning or transiting the country
Switzerland	165,5	Travel is not recommended	10 days after returning or transiting the country
Finland	140,2	Travel is not recommended	10 days after returning or transiting the country
Croatia	131,6	Travel is not recommended	10 days after returning or transiting the country
Germany	130,0	Travel is not recommended	10 days after returning or transiting the country
Denmark	118,4	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	90,3	Travel is not recommended	10 days after returning or transiting the country
Norway	83,9	Travel is not recommended	10 days after returning or transiting the country
Other European countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants does not exceed rate 50

Sta	ite	14-day cumulative incidence**	Traveling considerations	Self-isolation
Icel	land	5,8	Follow standard precautions	Not compulsory
Vat	tican	0,0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Other countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country
United Kingdom	203,5	Travel is not recommended	10 days after returning or transiting the country
South Korea	12,0	Follow standard precautions	Not compulsory
Rwanda	11,2	Follow standard precautions	Not compulsory
Singapore	2,3	Follow standard precautions	Not compulsory
Thailand	1,9	Follow standard precautions	Not compulsory
New Zealand	0,9	Follow standard precautions	Not compulsory
Australia	0,3	Follow standard precautions	Not compulsory

Clarifications:

- $* Available at: \underline{https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection$
- ** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases. Data can differ from the national statistics.
- *** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.
- **** https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-the-list-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/">https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-the-list-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/">https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-the-list-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/
- *****Available at: https://likumi.lv/ta/en/en/id/318517-regarding-declaration-of-the-emergency-situation