

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **01.05.2021. 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation) paragraph 3. ¹ "The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Cyprus	1221.2	Travel is not recommended	10 days after returning or transiting the country
Sweden	747.1	Travel is not recommended	10 days after returning or transiting the country
Croatia	741.7	Travel is not recommended	10 days after returning or transiting the country
Andorra	659.0	Travel is not recommended	10 days after returning or transiting the country
France	652.6	Travel is not recommended	10 days after returning or transiting the country
Netherlands	630.9	Travel is not recommended	10 days after returning or transiting the country
Lithuania	540.0	Travel is not recommended	10 days after returning or transiting the country
Slovenia	497.7	Travel is not recommended	10 days after returning or transiting the country
Hungary	473.0	Travel is not recommended	10 days after returning or transiting the country
Poland	462.8	Travel is not recommended	10 days after returning or transiting the country
Estonia	446.6	Travel is not recommended	10 days after returning or transiting the country
Belgium	422.7	Travel is not recommended	10 days after returning or transiting the country
Luxembourg	407.6	Travel is not recommended	10 days after returning or transiting the country
Latvia	404.1		
Bulgaria	366.9	Travel is not recommended	10 days after returning or transiting the country

Czechia	364.9	Travel is not recommended	10 days after returning or transiting the country
Austria	354.6	Travel is not recommended	10 days after returning or transiting the country
Greece	351.3	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	348.4	Travel is not recommended	10 days after returning or transiting the country
Germany	346.1	Travel is not recommended	10 days after returning or transiting the country
Italy	323.4	Travel is not recommended	10 days after returning or transiting the country
Switzerland	298.9	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	269.9	Travel is not recommended	10 days after returning or transiting the country
Spain	249.7	Travel is not recommended	10 days after returning or transiting the country
Romania	201.9	Travel is not recommended	10 days after returning or transiting the country
Monaco	193.4	Travel is not recommended	10 days after returning or transiting the country
Denmark	172.1	Travel is not recommended	10 days after returning or transiting the country
Slovakia	162.0	Travel is not recommended	10 days after returning or transiting the country
Norway	130.2	Travel is not recommended	10 days after returning or transiting the country
Ireland	114.6	Travel is not recommended	10 days after returning or transiting the country
Malta	102.6	Travel is not recommended	10 days after returning or transiting the country
Portugal	66.8	Travel is not recommended	10 days after returning or transiting the country
Finland	66.2	Travel is not recommended	10 days after returning or transiting the country
Other European countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 50**

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Iceland	44.5	Follow standard precautions	Not compulsory
Vatican	0.0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Other countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country
United Kingdom	46.3	Follow standard precautions	Not compulsory
Thailand	34.2	Follow standard precautions	Not compulsory
South Korea	18.0	Follow standard precautions	Not compulsory
Rwanda	9.0	Follow standard precautions	Not compulsory
New Zealand	7.8	Follow standard precautions	Not compulsory
Singapore	6.0	Follow standard precautions	Not compulsory
Australia	1.0	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.

**** <https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-the-list-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/>