

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **10.07.2021. 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation) paragraph 3. ¹"The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication.

Very high public health threat

Countries where the epidemiological situation has been identified which may pose a serious risk to public health

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia
-	-	Travel is not recommended	10 days after returning to Latvia***	Yes	Yes	10 days after returning to Latvia***	Yes	Yes

High public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia
Cyprus	493.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Portugal	240.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Spain	215.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Andorra	166.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Ireland	109.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Monaco	99.4	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Luxembourg	82.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia
Greece	71.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Denmark	66.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Netherlands	63.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Belgium	55.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Liechtenstein	49.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Norway	48.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Latvia	43.0							
France	42.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Finland	38.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Sweden	38.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Estonia	29.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Croatia	26.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Switzerland	20.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Slovenia	19.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Czechia	18.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Italy	17.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Lithuania	17.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Austria	15.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Bulgaria	14.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Malta	14.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Slovakia	13.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Germany	10.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Iceland	9.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Hungary	6.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Poland	3.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Romania	3.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Sanmarino	2.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Vatican	0.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Countries and territories outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia ^{**}	Test before travelling to Latvia ⁺	Test upon entering Latvia
Other countries not shown in this list		Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	Yes
United Kingdom	441.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	No
Thailand	97.3	Follow standard precautions	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	No
Rwanda	90.9	Follow standard precautions	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	No
Jordan	71.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Qatar	61.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Saudi Arabia	53.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
United States of America	52.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Armenia	45.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Montenegro	40.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Lebanon	39.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Israel	36.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Canada	21.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Moldova	20.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
South Korea	18.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Japan	16.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Serbia	16.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Azerbaijan	9.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Kosovo \$	8.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Bosnia and Herzegovina	7.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Republic of North Macedonia	4.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Taiwan	4.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Singapore	3.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Australia	1.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Albania	1.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Brunei	1.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
New Zealand	0.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Hong Kong SAR	0.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Macau SAR	0.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation.

*** You can break self-isolation if you performed the Covid-19 test on the seventh day after entry in Latvia and results of test are negative.

**** <https://www.consilium.europa.eu/lv/press/press-releases/2021/07/01/covid-19-council-adds-10-countries-and-one-entity-territorial-authority-to-the-list-of-countries-for-which-travel-restrictions-should-be-lifted/>

According to sub-paragraph 38.⁴⁰ of Cabinet's Regulation until 1st of september of 2021 compliance with requirements shall be confirmed with an interoperable vaccination certificate, test certificate or certificate of recovery issued in the European Union Member States and European Economic Area countries, the Swiss Confederation, or the United Kingdom. When entering from countries that are not European Union Member States and European Economic Area countries, the Swiss Confederation, and the United Kingdom, the fact of testing may be certified with a test result in English or in the language of the exit State. These documents may be in paper form or electronic form (in a smartphone).

+ According to sub-paragraph 38.³⁹ of Cabinet's Regulation persons must have been tested for COVID-19 within the last 72 hours before boarding the vehicle of a carrier or entering the Republic of Latvia by a vehicle not performing carriage and the test result must be negative. If the person enters from a particularly high-risk country, it is mandatory for such person to undergo the test referred to in this Paragraph, even though such person has been vaccinated against COVID-19 or has recovered from COVID-19 infection.

\$ This designation is without prejudice to positions on status, and is in line with UNSCR 1244 (1999) and the ICJ Opinion on the Kosovo declaration of independence.